



St Saviour's C.E. Primary School Curriculum Map 2024/25 – Physical Education

Nursery				Reception		
<u>Autumn</u> Select and use activities and resources, with help when needed. Develop their sense of community and membership of a community, such as their family and their class community <u>Spring</u> Select and use activities and resource independently. Show more confidence in new social situations. <u>Summer</u> Find solutions to conflicts and rivalries. Talk with others to solve conflicts, independently when possible				<u>Autumn</u> <ul style="list-style-type: none"> Rolling Crawling Walking Jumping <u>Spring</u> Develop the overall body strength, coordination, balance and agility needed to engage successfully with future physical education sessions <u>Summer</u> Progress towards a more fluent style of moving, with developing control and grace.		
	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
Year 1	Fundamental Movement skills / (Attack, defend, shoot) Gym (Floorwork)	Fundamental Movement skills (Hit catch run) Games Dance	Fundamental Movement skills / (Run, jump, throw) Gymnastics	Send and return Dance	Fundamental skills and movement Cricket	Athletics Skill Games Dance
Year 2	Fundamental Movement skills (Attack, defend, shoot) Gym Floorwork	Fundamental Movement skills (Hit catch run) Skill Games Dance	Fundamental Movement skills (Run, jump, throw) Gymnastics	Gymnastics Fundamental Movement Skills Dance	Fundamental Movement skills Send and return Cricket	Athletics Dance
Year 3	Athletics Netball Dance	Football Gymnastics	Netball Invasion games Dance	OAA Basketball	Tennis Dance Cricket	Tennis Athletics
Year 4	Athletics Tag Rugby Dance	<i>Netball</i> <i>Gymnastics</i>	Football Invasion Games Dance	OAA Basketball	Tennis Swimming Dance	Cricket Swimming
Year 5	Athletics Netball Dance	Hockey Cricket	Dance Gymnastics Swimming	Football Swimming	Tennis OAA (trip) Dance	Basketball Gymnastics
Year 6	Athletics Dance Swimming	Tag Rugby Swimming	Football Gymnastics Dance	<i>Basketball</i> <i>OAA</i>	Tennis Cricket Dance	Football Invasion games