

Core Themes:

	Health and Wellbeing	Relationships	Living in the Wider World			
	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Autumn 1	Awareness of feelings	Healthy people	Emotions and feelings	Mental Health and Wellbeing	Mental Health and Wellbeing	Healthy Lifestyles
	All about me	All about my feelings	Peer influence/pressure	Rights and Responsibilities	Personal Safety Self-Respect and Personal Goals	Drug Education – Drugs, risks and the Media
Autumn 2	Being different	Money, shopping and saving	Me and my community	Persuasion and pressure	Being Left Out	Celebration – supporting each other
	Money			Media and Me	Stereotypes and Diversity	Protected Characteristics and Bullying Conflict resolution
Anti-Bullying Week						
Spring 1	Keeping well and clean	Keeping safe	Healthy Lifestyles	Healthy Lifestyles	Healthy lifestyles	Moving on
	My friendships	Making and breaking friendships	Safe Relationships	Friendships / Inclusion	Friendships and Coping with Bullying	Mental Health and Online Safety Family Dynamics
Spring 2	The Environment	Coping with conflict	Where do things come from?	Local Community – shared responsibilities	Working together and aspirations	Democracy and decisions
		Special days			Media literacy and digital resilience	Media literacy and digital resilience
Diversity Week						
Summer 1	Keeping Safe	About my body	Drug Education - Smoking & Basic First Aid	Growing and Changing	Puberty	Puberty and Relationships
	My family	Exploring our families	Keeping safe	Drug Education - Alcohol and Decision making	Drug Education – Legal and Illegal Drugs Relationships	Sex Education Relationships
Summer 2	Losing and finding	Global food	Different Families	Types of relationships	What makes a Democracy?	Money and Me
			Aspirations	Aspirations	Money	Aspirations, work and career
	Looking after myself		Managing money	Managing Money		