

Lunch Menu

Week 1



w/c: 24/02, 17/03, 07/04, 28/04, 19/05, 09/06, 30/06, 21/07

MONDAY

Beef Bolognese

Served with Wholegrain Pasta & Sweetcorn



TUESDAY

Margherita Pizza

Served with Baked Potato Wedge and Coleslaw or Peas



WEDNESDAY

Roast Chicken

Served with Crispy Roasties, Broccoli & Gravy



THURSDAY

Mexican Chicken Meatballs

Served with Whole Grain Pasta & Green Beans



FRIDAY

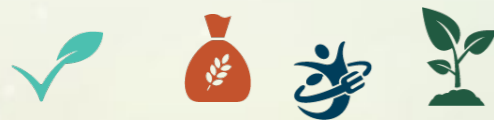
Golden Fish Fingers

Served with Chunky Chips and Baked Beans



Vegetarian Bolognese

Served with Wholegrain Pasta & Sweetcorn



Vegetable Supreme Pizza

Served with Garlic & Herb Wedge and Coleslaw or Peas



Spring Vegetable Tart

Served with Crispy Roasties, Broccoli & Gravy



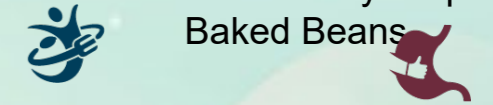
Chow Mein Noodles

Served with Coconut Green Beans



Crispy Vegetable Fingers

Served with Chunky Chips and Baked Beans



Penne Pasta with Homemade Tomato Sauce



Jacket Potato with Cheese or Baked Beans or Tuna Mayo



Penne Pasta with Homemade Tomato Sauce



Jacket Potato with Cheese or Baked Beans or Tuna Mayo



Penne Pasta with Nut free Spinach and Basil Pesto

Yoghurt or Fresh Fruit

Yoghurt or Fresh Fruit



Yoghurt or Fresh Fruit

Yoghurt or Fresh Fruit



Chocolate Cake & Custard



SEASONAL VEGETABLES, SALAD BAR, FRESH BREAD, YOGHURT AND FRUIT ARE AVAILABLE DAILY

Icon Key



Added plant power



Wholemeal



Vegan



Vegetarian



Oily fish



Full of fruit



Nutritionist's Choice



Extra Protein Power



Good for your gut

Lunch Menu

Week 2



w/c: 03/03, 24/03, 14/04, 05/05, 26/05, 16/06, 07/07

MONDAY

Beef Burger in a Bun
Served with Wholegrain Pasta Sal & Green Leaves



TUESDAY

Chicken Tikka Masala
Served with Wholegrain rice & Broccoli



WEDNESDAY

Roast Chicken
Served With Crispy Roasties, Carrots, Sweetcorn & Gravy



THURSDAY

Margherita Pizza
Served with Baked Potato Wedge and Coleslaw or Peas



FRIDAY

Golden Fish Fingers (Salmon Or Pollock)
Served with Chunky Chips & Peas



Homemade Vegetarian Burger

Served with Pasta Salad & Side Salad



Sweet Potato & Lentil Dhal

Served with Wholegrain rice & Broccoli



Spinach & Cheese Swirl

Served With Crispy Roasties, Carrots, Sweetcorn & Gravy



Gnocchi, Cream Cheese, Courgettes & Peas

Served with Mixed Salad



Vegetable & Bean Chilli

Served with Chunky Chips & Peas



Penne Pasta with Homemade Tomato Sauce



Jacket Potato with Cheese or Baked Beans or Tuna Mayo



Penne Pasta with Homemade Tomato Sauce



Jacket Potato with Cheese or Baked Beans or Tuna Mayo



Penne Pasta with Nut free Spinach and Basil Pesto

Yoghurt or Fresh Fruit



Yoghurt or Fresh Fruit

Yoghurt or Fresh Fruit



Yoghurt or Fresh Fruit

Vanilla Ice Cream Pot



SEASONAL VEGETABLES, SALAD BAR, FRESH BREAD, YOGHURT AND FRUIT ARE AVAILABLE DAILY

Icon Key



Added plant power



Wholemeal



Vegan



Vegetarian



Oily fish



Full of fruit



Nutritionist's Choice



Extra Protein Power



Good for your gut

Lunch Menu

Week 3



w/c: 10/03, 31/03, 21/04, 12/05, 02/06, 23/06, 14/07

MONDAY

Beef Keema Curry

Served with Wholegrain Rice & Green Beans



TUESDAY

Homemade Sausage Rolls

Served with Baked Potato Wedges & Baked Beans

WEDNESDAY

Roast Chicken

Served with Crispy Roasties, Carrots & Sweetcorn



THURSDAY

Mac n Cheese with a Crispy Crumb Topping

Served with Broccoli

FRIDAY

Golden Fish Fingers

Served With Chunky Chips & Baked Beans



Cheesy Lentil Lasagne

Served with & Side Salad



Homemade Cheese & Onion Rolls

Served with Wedges & Baked Beans

Cheese & Tomato Quiche

Served with Crispy Roasties, Carrots & Sweetcorn



Curried Spring Vegetable Pilaf

Served with Raita & Broccoli



Crispy Vegetable Fingers

Served with Chunky Chips & Bake Beans



Penne Pasta with Homemade Tomato Sauce



Jacket Potato with Cheese or Baked Beans or Tuna Mayo



Penne Pasta with Homemade Tomato Sauce



Jacket Potato with Cheese or Baked Beans or Tuna Mayo



Penne Pasta with Nut free Spinach and Basil Pesto

Yoghurt or Fresh Fruit

Yoghurt or Fresh Fruit



Yoghurt or Fresh Fruit



Yoghurt or Fresh Fruit



Chocolate Cookies



SEASONAL VEGETABLES, SALAD BAR, FRESH BREAD, YOGHURT AND FRUIT ARE AVAILABLE DAILY

Icon Key



Added plant power



Wholemeal



Vegan



Vegetarian



Oily fish



Full of fruit



Nutritionist's Choice



Extra Protein Power



Good for your gut