



## St Saviour's C.E. Primary School Curriculum Map 2025/26 – Physical Education

Nursery				Reception		
<u>Autumn</u> Select and use activities and resources, with help when needed. Develop their sense of community and membership of a community, such as their family and their class community <u>Spring</u> Select and use activities and resource independently. Show more confidence in new social situations. <u>Summer</u> Find solutions to conflicts and rivalries. Talk with others to solve conflicts, independently when possible				<u>Autumn</u> <ul style="list-style-type: none"> <li>• Rolling</li> <li>• Crawling</li> <li>• Walking</li> <li>• Jumping</li> </ul> <u>Spring</u> Develop the overall body strength, coordination, balance and agility needed to engage successfully with future physical education sessions <u>Summer</u> Progress towards a more fluent style of moving, with developing control and grace.		
	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
Year 1	Fundamental Movement skills / (Attack, defend, shoot)  Gym (Floorwork)	Fundamental Movement skills (Hit catch run)  Games  Dance	Fundamental Movement skills / (Run, jump, throw)  Gymnastics	Send and return Dance	Fundamental skills and movement  Cricket	Athletics Skill Games Dance
Year 2	Fundamental Movement skills (Attack, defend, shoot)  Gym Floorwork	Fundamental Movement skills (Hit catch run) Skill Games Dance	Fundamental Movement skills (Run, jump, throw)  Gymnastics	Gymnastics  Fundamental Movement Skills Dance	Fundamental Movement skills Send and return Cricket	Athletics  Dance
Year 3	Athletics Cricket Dance	Football Gymnastics	Netball Invasion games Dance	OAA Basketball	Tennis Dance Netball	Tag Rugby Athletics
Year 4	Athletics Cricket Dance	Netball Gymnastics	Football Invasion Games Dance	OAA Basketball	Tennis Swimming Dance	Cricket Swimming
Year 5	Athletics Cricket Dance	Hockey Gymnastics	Dance Swimming	Football Swimming	Tennis OAA (trip) Dance	Basketball Gymnastics
Year 6	Cricket Dance Swimming	Tag Rugby Swimming	Football Gymnastics Dance	Basketball OAA	Tennis Cricket Dance	Football Invasion games



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Any Sessions where there are 3 activities in one term. One of the Sports will be only be a 30-minute session. E.G Tennis, cricket and Dance.

Tennis = 1-hour Cricket = 30 Minutes Dance = 30 minutes

These will equal up to your 2 hours of weekly Exercise.

Invasion games = E.g Netball - Netball matches 4 vs 4