

**WIC:** 15th April; 6th May; 3rd June; 24th June; 15th July

**week: 01**

**Stir.**

**MONDAY**

**MILD BUTTER CHICKEN**  
Served with  
Whole Grain  
Rice & Carrots

**SWEET POTATO CHANA MASALA**  
Served with  
Whole Grain Rice  
& Carrots

**JACKET POTATO**  
with Cheese or  
Baked Beans & Tuna  
Mayonnaise

**FRESH FRUIT OR  
YOGHURT**

**TUESDAY**

**TRADITIONAL BBQ BEEF SLOPPY JOES**  
Served with  
Homemade Rainbow Slaw

**BROCCOLI, NEW POTATO & SPINACH FRITTATA**  
Served with  
Mixed Salad

**PENNE PASTA WITH TOMATO SAUCE**

**FRESH FRUIT OR  
YOGHURT**

**WEDNESDAY**

**CHICKEN SAUSAGES**  
Served with  
Creamy Mash  
Peas & Sweetcorn

**REALLY CHEESEY CAULIFLOWER**  
Served with  
Crispy Roasties,  
Peas & Sweetcorn

**JACKET POTATO**  
with Cheese or  
Baked Beans & Tuna  
Mayonnaise

**FRESH FRUIT OR  
YOGHURT**

**THURSDAY**

**HOMEMADE PIZZA MARGHERITA**  
Served with Potato  
Wedges & Roasted  
Garlic Broccoli

**HOMEMADE VEGETABLE SUPREME PIZZA MARGHERITA**  
Served with Potato  
Wedges & Roasted  
Garlic Broccoli

**PENNE PASTA WITH TOMATO SAUCE**

**FRESH FRUIT OR  
YOGHURT**

**FRIDAY**

**GOLDEN FISH FINGERS**  
Served with  
Chips &  
Sweetcorn

**VEGGIE FINGERS**  
Served with  
Chips &  
Baked Beans

**JACKET POTATO**  
with Cheese or  
Baked Beans & Tuna  
Mayonnaise

**BUTTERMILK PANCAKES & FRUIT SAUCE**

**SEASONAL VEGETABLES, SALAD BAR, FRESH BREAD, YOGHURT AND FRUIT ARE AVAILABLE DAILY**

**menu**

**let's eat, together**

[www.stirfood.co.uk](http://www.stirfood.co.uk)

**WIC:** 22nd April; 13th May; 10th June; 1st July; 22th July

**week: 02**

**Stir.**

**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

**PIRI PIRI CHICKEN**

Served with  
Wholegrain Rice &  
Broccoli

**HOMEMADE PIZZA  
MARGHERITA**

Served with  
Homemade Coleslaw  
& Green Salad

**ROAST CHICKEN  
THIGH**

Served with  
Crispy Roasties,  
Carrots & Sweetcorn

**CHICKEN CHOW  
MEIN**

Served with  
Egg Noodles &  
Green Beans

**GOLDEN FISH  
FINGERS**

Served with  
Chips &  
Baked Beans

**FIVE BEAN  
VEGETARIAN CHILLI**

Served with  
Wholegrain Rice &  
Broccoli

**HOMEMADE  
VEGETABLE SUPREME  
PIZZA MARGHERITA**

Served with Potato  
Wedges & Homemade  
Coleslaw

**SUMMER VEGETABLE  
BEAN CASSEROLE**

Served with Crispy Roasties,  
Peas & Carrots

**CREAMY COURGETTE  
LASAGNE**

Served with  
Mixed Salad

**VEGETABLE  
FINGERS**

Served with  
Chips &  
Baked Beans

**JACKET POTATO**

with Cheese or  
Baked Beans & Tuna  
Mayonnaise

**Penne Pasta with  
Tomato Sauce**

**JACKET POTATO**

with Cheese or  
Baked Beans & Tuna  
Mayonnaise

**Penne Pasta with  
Tomato Sauce**

**JACKET POTATO**

with Cheese or  
Baked Beans & Tuna  
Mayonnaise

**FRESH FRUIT OR  
YOGHURT**

**FRESH FRUIT OR  
YOGHURT**

**FRESH FRUIT OR  
YOGHURT**

**FRESH FRUIT OR  
YOGHURT**

**VANILLA  
ICE CREAM CUP**

**SEASONAL VEGETABLES, SALAD BAR, FRESH BREAD, YOGHURT AND FRUIT ARE AVAILABLE DAILY**

**menu**

**let's eat, together**

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**WIC:** 29th April; 20th May; 17th June; 8th July

**week: 03**

**Stir.**

**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

**GARLIC CHICKEN**

Served with  
Penne Pasta  
& Green Beans

**BEEF CON CARNE**

Served with  
Wholegrain Rice and  
Mixed Salad

**ROAST CHICKEN  
THIGH**

Served with  
Crispy Roasties,  
Carrots & Sweetcorn

**HOMEMADE PIZZA  
MARGHERITA**

Served with  
Rustic Italian Potato Salad

**GOLDEN FISH  
FINGERS**

(Salmon or Pollock)  
Served with  
Chips &  
Garden Peas

**MAC N CHEESE  
WITH A CRISPY  
CRUMB TOPPING**

Served with  
Green Beans

**BEAN & SWEETCORN  
BURRITO**

Served with  
Mixed Salad

**SUPER VEGGIE  
PASTRY PIE  
(Lentil & Onion) (Vg)**

Served with  
Crispy Roasties,  
Carrots & Sweetcorn

**HOMEMADE  
VEGETABLE SUPREME  
PIZZA MARGHERITA**

Served with Potato  
Wedges & Rustic Italian Potato  
Salad

**VEGETABLE  
SLOPPY JOES**

Served with  
Chips & Baked Beans

**JACKET POTATO**

with Cheese or  
Baked Beans & Tuna  
Mayonnaise

**Penne Pasta with  
Tomato Sauce**

**JACKET POTATO**

with Cheese or  
Baked Beans & Tuna  
Mayonnaise

**Penne Pasta with Tomato  
Sauce**

**JACKET POTATO**

with Cheese or  
Baked Beans & Tuna  
Mayonnaise

**FRESH FRUIT OR  
YOGHURT**

**FRESH FRUIT OR  
YOGHURT**

**FRESH FRUIT OR  
YOGHURT**

**FRESH FRUIT OR  
YOGHURT**

**SPRINKLE CAKE**

**SEASONAL VEGETABLES, SALAD BAR, FRESH BREAD, YOGHURT AND FRUIT ARE AVAILABLE DAILY**

**menu**

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