

# Lunch Menu

## Week 1



w/c: 03/11, 24/11, 15/12, 05/01, 26/01, 16/02, 09/03

### MONDAY

#### Bombay Chicken Biryani

Served with Wholegrain Rice & Broccoli

### TUESDAY

#### Homemade Margherita Pizza

Served with Baked Potato Wedges and Coleslaw or Peas

### WEDNESDAY

#### Roast Chicken Thigh

Served with Crispy Roasties, Broccoli & Gravy

### THURSDAY

#### Lamb Jollof Rice

Served with a Crunchy Slaw

### FRIDAY

#### Golden Fish Fingers

Served with Chips & Baked Beans



#### Malai Koftas (Paneer)

Served with Wholegrain Rice & Broccoli

#### Homemade Pizza al a Pesto

Served with Baked Potato Wedges and Coleslaw or Peas

#### Carrot & Stuffing Plait

Served with Crispy Roasties, Broccoli & Gravy

#### Sweet Potato & Black Bean Curry

Served with Steamed Rice & Crunchy Slaw

#### Roasted Vegetable Pitta Pockets

Served with Chips & Baked Beans



#### Penne Pasta with Homemade Tomato Sauce

#### Jacket Potato with Cheese or Baked Beans or Tuna Mayo

#### Penne Pasta with Homemade Tomato Sauce

#### Jacket Potato with Cheese or Baked Beans or Tuna Mayo

#### Penne Pasta with Nut free Spinach and Basil Pesto



Yoghurt or Fresh Fruit

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Yoghurt or Fresh Fruit

Hob Nob Biscuit  
50/50 Wholemeal

**SEASONAL VEGETABLES, SALAD BAR, FRESH BREAD, YOGHURT AND FRUIT ARE AVAILABLE DAILY**

**Icon Key**



Added plant power



Wholemeal



Vegan



Vegetarian



Oily fish



Full of fruit



Nutritionist's Choice



Extra Protein Power



Good for your gut

# Lunch Menu

Week 2



let's eat, together

w/c: 10/11, 01/12, 22/12, 12/01, 02/02, 23/02, 16/03

## MONDAY

**Char Sui Chicken**  
Served with a Noodles & Green Cabbage

## TUESDAY

**Homemade Pizza Margherita**  
Served with Paprika Wedges & Coleslaw

## WEDNESDAY

**Chicken, Sage & Onion Slice**  
Served With Crispy Roasties, Carrots, Sweetcorn & Gravy

## THURSDAY

**Beef & Lentil Bolognese**  
Served with Pasta & Broccoli

## FRIDAY

**Golden Fish Fingers**  
Served with Chips & Baked Beans



**Chow Mein Noodles**  
Served with Green Cabbage

**Vegetable Supreme Pizza**  
Served with Garlic & Herb Wedges and Coleslaw or Peas

**Crispy Cheese & Lentil Bake**  
Served With Crispy Roasties, Carrots, Sweetcorn & Gravy

**Vegetable & Lentil Bolognese**  
Served with Pasta & Broccoli



**Sweet Pot, Leek & Cheese Quiche**  
Served with Chips & Baked Beans

**Penne Pasta with Homemade Tomato Sauce**

**Jacket Potato**  
with Cheese or Baked Beans or Tuna Mayo

**Penne Pasta with Homemade Tomato Sauce**

**Jacket Potato**  
with Cheese or Baked Beans or Tuna Mayo

**Penne Pasta with Nut free Spinach and Basil Pesto**



Yoghurt or Fresh Fruit

Yoghurt or Fresh Fruit

Yoghurt or Fresh Fruit

Yoghurt or Fresh Fruit

Vanilla Sprinkle Sponge

**SEASONAL VEGETABLES, SALAD BAR, FRESH BREAD, YOGHURT AND FRUIT ARE AVAILABLE DAILY**

**Icon Key**



# Lunch Menu

## Week 3



w/c: 17/11, 08/12, 29/12, 19/01, 09/02, 02/03, 23/03

### MONDAY

#### Chicken Tacos

Served with  
Rainbow Rice & Sweetcorn

### TUESDAY

#### Homemade Chicken Sausage Rolls

Served with Wedges & Baked Beans

### WEDNESDAY

#### Roast Chicken Thigh

Served with Crispy Roasties,  
Carrots & Sweetcorn

### THURSDAY

#### Mac n Cheese with a Crispy Crumb Topping

Served with Green Beans

### FRIDAY

#### Golden Fish Fingers (Salmon Or Pollock)

Served With Chips & Garden Peas

#### Eat Curious Tacos

Served with Rainbow Rice &  
Sweetcorn

#### Homemade Cheese & Onion Rolls

Served with Wedges & Baked Beans

#### Cheesy Root Veg Crumble

Served with Carrots  
& Sweetcorn

#### Vegetable & Bean Chilli

Served with Steamed Rice &  
Green Beans

#### Vegetable Fingers

Served with Chips & Baked Beans

#### Penne Pasta with Homemade Tomato Sauce

#### Jacket Potato with Cheese or Baked Beans or Tuna Mayo

#### Penne Pasta with Homemade Tomato Sauce

#### Jacket Potato with Cheese or Baked Beans or Tuna Mayo

#### Penne Pasta with Nut free Spinach and Basil Pesto



Yoghurt or Fresh Fruit

Yoghurt or Fresh Fruit

Yoghurt or Fresh Fruit

Yoghurt or Fresh Fruit

Vanilla Ice Cream Cup

**SEASONAL VEGETABLES, SALAD BAR, FRESH BREAD, YOGHURT AND FRUIT ARE AVAILABLE DAILY**

**Icon Key**

